Rudolf Steiner's Calendar of the Soul Verse 6 - The Truth of My Own Image

Eloise Krivosheia

This "Life Spirit" verse is connected to Condition 6, "Feel gratitude for everything that falls to your lot." Meditation on the ideas within may bring the following concepts to life for you.

What is Life Spirit? Of our body, soul and spirit members, the etheric body, transformed by the I, becomes Life Spirit. As of now, most of us have transformed only the slightest part and can scarcely imagine this very high Life Spirit state of Christ Consciousness—to be fully attained by all of us not until far-off Venus. In meditation you may sense a glimmer, a glistening, of this high state to come.

Es ist erstanden aus der Eigenheit Mein Selbst und findet sich Als Weltenoffenbarung In Zeit- und Raumeskräften: Die Welt, sie zeigt mir überall Als göttlich Urbild Des eignen Abbilds Wahrheit.

original German by Rudolf Steiner.



The truth of my own image Parsifal by Leszek Forczek

My True Self has arisen from its separation with the All, and finds itself to be a manifestation in time and space of the creative power of the Cosmos. The world as Godly archetype everywhere reveals to me that I am an image of the Truth. (of God)

tr. by Dennis Klocek.

In Line 2, "Mein Selbst" My Self refers to our newly beginning spirit member, our Spirit Self, or Higher Self.

The felt gratitude in this Verse is implicit for all the gifts of life received: now even the transforming of our ordinary self gradually toward Spirit Self—our higher self, member of the spiritual world. The I finds that even as is the whole of Earth, one's self, too, is a cosmic revelation—a creation of the Logos; but in nature there is no I.

Leszek Forczek's painting shows man with his human ego suddenly aware that nature's members have no likeness to the human I —nature's members seen in earth (the ground), trees (redwood branches upper left) animal (owl upper right), and etheric life body "holding" the physical —like a pieta— with nearby astral.



There has arisen from my narrowness My Self, and finds itself As cosmic revelation In pulse of time and space; The world shows everywhere to me As godly archetype The truth of my own image.

tr. by Daisy Alden



"In time and space" —meaning now and in the past— the world shows the truth of this revelation to me and I see further. I am not only a creation of God, I am a reflection of the Creator's archetypal idea of what the human being shall be. As human, I am made in God's image. This image on Earth, now imperfect, will be attained by my efforts with the help and nourishment of the hierarchies and of Christ Himself.

There is inspiring, living power in the thought that my higher self and the macrocosmic "I Am" are of like essence. My gratitude is profound as I take these understandings deep within my soul. I may reflect on the powerful loving gratitude demonstrated by the Christ to his disciples at the 'washing of the feet' on Maunday Thursday. I begin to understand the essence of Christ in Life Spirit, Its light and love.

This Life Spirit verse may bring a further heightened consciousness. In remembering that in Verse 5, a "Light Verse", the Earth passed through where the Sun had been in its lemniscate movement, enabling humanity to take in new forces of the Spiritual Being of Christ, we may recognize a cosmic gift to us in the tremendous revelation so profound in this verse.

Through this experience we feel that we are urged to become more conscious of our Creative Spirit. The great etheric force in this Verse 6 carries a calmness, a wisdom, perhaps an understanding of time and growth that comes with patient meditation. As our I gains in spirit knowledge we feel also a radiance coming to us. We feel closer to the cosmos and to the Creator gods.

Spring and Summer see nature expanding in its growing and blossoming. Our soul, too, breathes outward at this time of year and we more easily see ourselves as part of the universe. We may have an imagination that we are as a drop in the great ocean of Spirit. We may discover that the more our "drop" can humbly and responsibly recognize itself as part of the larger universe, the seeming larger and more powerful our small drop can become.

There has arisen from its narrow limits My self and finds itself As revelation of all worlds Within the sway of time and space; The world, as archetype divine, Displays to me at every turn The truth of my own likeness. tr. by Ruth and Hans Pusch



Liane Collet d'Herbois

There has arisen from its selfconfinement My Self and finds itself As cosmic revelation Within the sway of time and space; And far and wide the world displays to me As archetype divine The truth of my own image. tr. by Brigitte Knaack

Our soul members, Sentient Soul and Intellectual or Mind Soul, working only in the external world, are unable to recognize the coming into being of the higher self. But the Calendar of the Soul as we have learned is an initiatory path of the Consciousness Soul through the year with Christ and Nature.

Although our soul is always changing, always in the process of becoming, we know it not intellectually —but rather through the heart forces of the Spiritual, the Consciousness Soul. In art, too, we can discover ourselves —and through parable. We learn this through Rudolf Steiner, and Emil Bock, too, in his The Three Years reveals so much personal truth contained in the biblical parables.

From Rudolf Steiner "To truly know the world, look deeply within your own being; to truly know yourself, take real interest in the world."



Irene Olid Gonzalez

In this Ascension Week verse we may strongly sense a new force for the Good coming toward us and on Ascension Thursday rejoice in the Christ's heightened etheric forces throughout the world.



Through meditating the Calendar, we reach a level of higher consciousness each year.