## Rudolf Steiner's Calendar of the Soul Verse 6 - The Truth of My Own Image

From Eloise Krivosheia

This "Life Spirit" verse is connected to Condition 6 ("Feel gratitude for everything that falls to your lot." Meditation on the ideas within may bring the following concepts to life for you.

What is Life Spirit? Of our members, body, soul and spirit, the etheric body, transformed by the I, becomes Life Spirit. As of now, most of us have transformed only the slightest part and can scarcely imagine this very high Life Spirit state of Christ Consciousness—to be fully attained by all of us not until far-off Venus. In meditation you may sense a glimmer, a glistening, of this high state to come.

Es ist erstanden aus der Eigenheit Mein Selbst und findet sich Als Weltenoffenbarung In Zeit- und Raumeskräften; Die Welt, sie zeigt mir überall Als göttlich Urbild Des eignen Abbilds Wahrheit.

original German by Rudolf Steiner.



The truth of my own image Parsifal by Leszek Forczek

My True Self has arisen from its separation with the All, and finds itself to be a manifestation in time and space

of the creative power of the Cosmos.

The world as Godly archetype everywhere reveals to me that

I am an image of the Truth. (of God)

tr. by Dennis Klocek.

In Line 2, "Mein Selbst" My Self refers to our newly beginning spirit member, our Spirit Self, or Higher Self.

The felt gratitude in this Verse is implicit for all the gifts of life received: now even the transforming of our ordinary self gradually toward Spirit Self—our higher self, member of the spiritual world. The I finds that even as is the whole of Earth, one's self, too, is a cosmic revelation—a creation of the Logos, but in nature there is no I. (The painting shows man, the human ego, suddenly aware that nature's members, seen in earth, trees, and owl (upper right), and also in his own etheric life body "holding" the physical —like a pieta— with nearby astral, has no likeness to the human I.)



Washing of the feet- Leszek Forczek

There has arisen from my narrowness My Self, and finds itself As cosmic revelation In pulse of time and space; The world shows everywhere to me As godly archetype The truth of my own image.

tr. by Daisy Alden



"In space and time" —meaning now and in the past— the world shows the truth of this revelation to me, and I see further. I am not only a creation of God, I am a reflection of the Creator's archetypal idea of what the human being shall be. As human, I am made in God's image. This image on Earth, now imperfect, will be attained by my efforts with the help and nourishment of the hierarchies and of Christ Himself.

My gratitude is profound as I take these understandings deep within my soul. There is inspiring, living power in the thought that my higher self and the macrocosmic "I Am" are of like essence. Christ is the essence of Life Spirit. In Christ Consciousness, we remember, too, how at the washing of the feet He demonstrated powerfully His gratitude to His disciples. In Leszek Forczek's painting, The Christ appears almost as seed, the raised Lazarus behind Him, and Peter now fully receptive. (The future Christ Sun is above.)

This Life Spirit verse brings a further heightened consciousness. Remember that in Verse 5, a Light Verse, the Earth passed through where the Sun had been in its cosmic movement; thus we have taken in new forces of the Spiritual Being of Christ and now we are able to receive the tremendous revelation described

And we feel that we are through this experience urged to become more conscious of our Creative Spirit. The great etheric force in this Verse 6 carries a calmness, a wisdom, perhaps an understanding of time and growth -patience is needed. We feel also an energy coming to us as our I gains in spirit knowledge. We feel closer to the cosmos and to the Creator gods.

As Spring and Summer see nature expanding in its growing and blossoming, our soul, too, breathes outward at this time of year and we more easily see ourselves as part of the universe. We may have an imagination that we are as a drop in the great ocean of Spirit, but we may discover that the more our "drop" can humbly and responsibly recognize itself as part of the larger universe, the larger and more powerful our small drop can become.

There has arisen from its narrow limits My self and finds itself As revelation of all worlds Within the sway of time and space; The world, as archetype divine, Displays to me at every turn The truth of my own likeness. tr. by Ruth and Hans Pusch



Liane Collet d'Herbois

There has arisen from its selfconfinement My Self and finds itself As cosmic revelation Within the sway of time and space; And far and wide the world displays to me As archetype divine The truth of my own image. tr. by Brigitte Knaack

The Calendar of the Soul as we have learned is a path of the Consciousness Soul through the year with Christ and Nature. Our lower soul members, Sentient Soul and Intellectual or Mind Soul, are unable to recognize the coming into being of the higher self, for they work only in the external world.

Whereas our soul is always changing, always in the process of becoming, we cannot know it intellectually—but only through the Spiritual or Consciousness Soul. Rudolf Steiner told us that in art we can also discover ourselves; also by parable. We may remember how much Steiner and others, Emil Bock in his The Three Years, for example, reveal so much personal truth contained in the parables.

From Rudolf Steiner "To truly know the world, look deeply within your own being; to truly know yourself, take real interest in the world."



Ninetta Sombart

In this Ascension Week verse we may strongly sense a new force for the Good coming toward us and on Ascension Thursday rejoice in the Christ's heightened etheric forces throughout the world.



Through meditating the Calendar, we reach a level of higher consciousness each year.