

Rudolf Steiner's Calendar of the Soul Verse 37 - Transforming all Life

Verse 37 relates to the Spirit Self, as yet undeveloped spiritual member of the human being, and to Condition 5, "Steadfastness in **carrying out a resolution once it is taken.**"

And indeed in preparation to heighten our Christmas awareness, our experience of that higher self brought into the world by the Luke child, this verse—still in the powerful astral quarter of the year—finds us aspiring to take up the Christ Light in our "seeds of soul"—our thought and action steps toward a loving and wiser higher self.

How short the days now seem with darkness covering the land earlier and earlier. But with growing inner light, now is the time when the ego of the 4th week of Advent wishes strongly to "carry the light of the spirit" into the world.—with heightened consciousness—as is needed for our spirit work.

Because of our heightened consciousness, the soul-seeds we plant are "sparkling," "luminous." With their roots, their foundation, in cosmic soil—cosmic light and wisdom, what we lovingly plant on Earth will fruit with cosmic life. Our resolution is firm.

Zu tragen Geisteslicht in
Weltenwinternacht
Erstebet selig meines Herzens
Trieb,
Dass leuchtend Seelenkeime
In Weltengründen wurzeln,
Und Gotteswort im Sinnesdunkel
Verklärend alles Sein durchtönt.

original German by Rudolf Steiner



This is the blissful striving of my
heart's desire,
To carry the light of the spirit
Into the cosmic winter night,
So that sparkling seeds of my soul
May take root in cosmic soil—
And that the Word of God may resound
Through the darkness of my senses,
Transfiguring entire existence.

tr. by Tom Mellett

As we are conscious that the Creator's spirit is within the sense world, which in itself is dark—that is, nature does not have this consciousness—the last two lines of the verse ring true as we feel God's word **resounding** through our listening consciousness, God's spirit from the sense world raying back to us—**transfiguring** our feeling for all life—what from our souls we may extend to all life.

Our spirit consciousness is rooted in the spiritual world, but as our awareness expands, as our deeds grow on earth and as they reflect the Christ spirit, all life is transfigured! Our conscious resolution is thus to carry Christ's light into our deeds.

Everywhere we see a certain perfection in Nature, but could it be that Nature is on a higher level after it has gone through human thinking, human appreciation?



To bear the light of Spirit to winter-
night of world
Aspires blissfully my heart's desire,
That soul-seeds luminous
In cosmic grounds be rooted,
And godly Word in senses' darkness
Resound, transfiguring all life.

tr. by Daisy Aldan



"A resounding of the weaving together of the tones of the music of the spheres with creative Cosmic Word." This description from Rudolf Steiner's *The Mysteries of the East*, February 5, 1913, gives a further picture for Verse 37's last lines. Taken up by Karl König he hears the resounding of seasonal tones or voices in the four parts of the year, and likens them to the four-fold stream of blood that flows to and from the heart through its four chambers. Its valves he relates to two seasonal soul "thresholds".

König suggests that in hearing the soul in its yearly cycle rhythmically receiving and releasing a tonal stream we can experience it as "the heart of the ever-changing seasons". Briefly to paraphrase, in Spring, youthful tones ring out, broaden into many trickles (capillaries), and gradually peak at St. John's to transform into the steady, rich flow of Summer.

At Michaelmas, a threshold must be crossed. Then with rising strength comes the spiritual air of Winter, for a transformation occurs in Autumn, and life is renewed in the preparation for Christmas. After which, a self-certainty flows back to Spring where there is another threshold, that of leading through death to the Resurrection at Easter.

Rudolf Steiner spoke about these mysteries of the cycle of the year within man and the world: "If you develop spiritual hearing, the tones of summer and winter can be heard ringing simultaneously in the human being. . . The whole surrounding universe also resounds to us in time . . . there ring forth what resounds from our own being, as from a center, a single point." (*Man and the World of Stars*, December 29, 1922)

Koenig sees the world's fourfold cycle as "a cosmic ritual which the human soul learns to celebrate step by step when it endeavors to use the Soul Calendar as a guide."

To carry spirit Light into world-
winter's night
Is now the blissful striving of my
heart,
That shining seeds of soul
May root in world foundations,
And God's Word sound through
sense's dark,
Transfiguring existence.

tr. by John F. Gardner



To carry Spirit-light into world-
winter-night
Is blissful urge of my aspiring
heart,
That seeds of soul, illumining,
Take root in Cosmic grounds
And God's own Word in senses'
darkness
Resounds, transfiguring, through
all that is.

tr. by Brigitte Knaack

Corresponding Calendar of the Soul Verse 16

In July, Verse 16, translated by Tom Mellett, we learn intuitively —through Ahnen—that we are to protect the Spirit gifts we have received, growing them in our soul's soil, so that their fruit may lead in future to our higher self. We see now how Prophetic it is of Verse 37.

Zu bergen Geistgeschenk im Innern,
Gebietet strenge mir mein Ahnen,
Dass reifend Gottesgaben
In Seelen gründen fruchtend
Der Selbstheit Früchte bringen.

My intuition firmly commands me:
"Harbor the spirit's treasures within you
so that these ripening gifts of God,
growing in the soil of your soul,
may bring forth the very fruits
of your own selfhood."

Through meditating the Calendar, we reach a level of higher consciousness each year.