



**With Autumn Verse 28**, the soul experiences an inner Sun-might giving it a new moral strength as well as confidence to solve problems of life and to pursue new tasks.

May gladness and happy projects be yours!

## Rudolf Steiner's Calendar of the Soul Verse 28 – Awakening Spirit

*Eloise Krivosheia*

**Verse 28** relates to the second member of the human being, the Etheric, and to Condition 2, which is "Feel ourselves to be a part of the whole of life." We are in the third quarter of the year, the Astral, which is the third member of human beings, and we experience now especially the Consciousness Soul, our third soul member. This verse relates also to the fifth step of the Eight Fold Path, "Right Vocation."

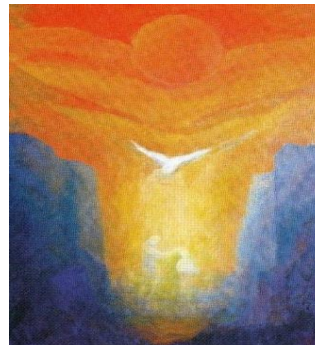
In the first lines of Verse 28, we hear the soul ring forth with joy and gratitude in its recognition that **Sun-powers** have entered with life-giving splendor *the inner world* of its own being.

Now, instead of the world's width, we feel our own breadth. We feel that our "seed gift of summer" has been liberated from its sheath: has begun to shine forth with a new moral, creative power. We feel a lighting up of an inner birth of spirit! We feel our connection to new *sun-lit forces*.

Thoughts whose origin is divine, now permeate the Soul, which receives them, and in an expansion of its new understanding, is eager to pour its thinking power out over the dark riddles of life. Desires for true answers find their fulfilment when revealed in the new "sunlight", new "sun might of the soul". But well we know, too, that unravelling life's riddles doesn't just happen. **We are ready now to do something energetic ourselves.**

Ich kann im Innern neu belebt  
Erfühlen eignen Wesens Weiten  
Und kratterfüllt Gedankenstrahlen  
Aus Seelensonnenmacht  
Den Lebensrätseln lösend spenden,  
Erfüllung manchem Wunsche leihen,  
Dem Hoffnung schon die Schwingen lähmte.

*original German by Rudolf Steiner*



*Ninetta Sombart*

I can, revived within myself,  
Experience my being's breadth  
And filled with strength, spend rays of  
thought,  
From sun-might of the soul,  
Resolving enigmas of life,  
Whose wings before, by hope, were lamed.

*tr. by Daisy Aldan*

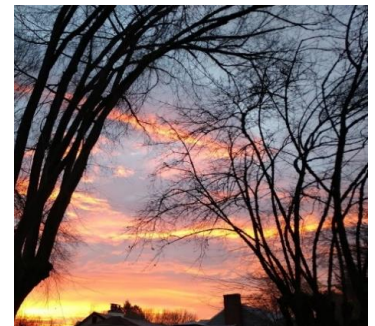
How "hope" can be a laming influence may at first seem a puzzling idea. But when it is a hope that someone, or some spiritual being, is going "to fix my problems", that all I need to do is suffer through until someone or something lifts my burdens, then **this kind of hope only weakens my own powers.**

It is when hope has a realistic basis and with spiritual knowledge working through one's own strength, that hope can take its rightful place—as we shall see in next week's verse.



I can, enlivened now within,  
Feel my own being's breadth,  
And, filled with strength, shed rays of thought  
From sun-might of the soul  
To solve the riddles life presents  
And grant fulfilment now to wishes  
Whose wings have long been lamed by hope.

*tr. by Brigitte Knaack*



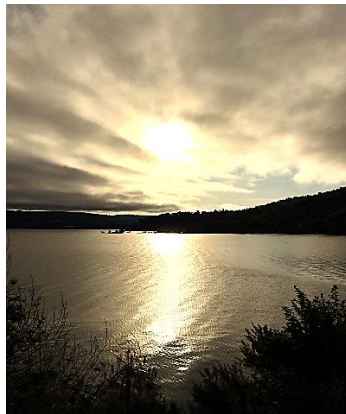
Another aspect of the soul may be considered —that is, the effect of suffering and pain in the astral body. Suffering is often a catalyst for change; but only when the Ego itself consciously works on the change. Wishing then to achieve greater *self*-consciousness, with this verse we experience with some happiness a fuller understanding of our thinking's power to achieve higher soul potential.

We feel a great comfort, even a sense of freedom, to know that with the knowledge of spiritual science we, with heightened Ego consciousness, can see through many enigmas of life —with the result that we can free ourselves from an impasse, or from some anxiety, instead of perhaps just hoping science will tell us so that the problem will go away.

The real strength of this creativity takes effect after Christmas. Mostly now we are still weaving—overcoming obstacles, tackling new projects. With remembrance of the moral catharsis experienced in last week's verse, the most important task to which we now willingly raise our consciousness is to become a "temple for the Spirit." Yes, readily we can take up our task to understand and build now.

I feel my being, vivified anew,  
Widen to far horizons of its own.  
The force and radiance of my thought  
Coming from soul's sun power --  
Can solve the mysteries of life,  
And grant fulfillment now to wishes  
Whose wings have long been lamed by  
hope.

*tr. by Ruth and Hans Pusch*



New life within me lets me feel  
the vastness of my True Being.  
My thinking, filled with solar force,  
illuminates my thoughtful soul  
revealing mysteries of life and  
granting flight to secret wishes,  
whose wings were often lamed by  
futile hopes.

*tr. by Dennis Kloczek*

(An interesting verse to compare with Verse 28 is Verse 17, since you know, perhaps, that the rhythm of the sun and its sun spots is about 11; and Sun's magnetic poles reverse on average every 11 years. The latest solar peak may already have been October 2024, or we may have more peaks before it moves into solar minimum.)

### Calendar of the Soul Verses 28 and 25

The corresponding verse of Verse 28 is Verse 25 In this translation, by Giseller Weber, it seems a seriousness of responsibility was experienced in Verse 25 compared to the brightness now able to rise up out of the soul.

Ich darf nun mir gehören  
Und leuchtend breiten Innenlicht  
In Raumes- und in Zeitenfinsternis.  
Zum Schlafe drängt natürlich Wesen,  
Der Seele Tiefen sollen wachen  
Und wachend tragen Sonnengluten  
In kalte Winterfluten.

I may now to myself belong  
And shiningly spread inner light  
Into the dark of space and time.  
Toward sleep all nature forces tend;  
The deeps of soul shall be awake  
And waking carry solar glowing  
Into cold Winter's flowing.

In this second half of the year we may gain especially from noticing how the corresponding verses permeate each other, opening up deeper meanings in each. It is interesting each week as suggested by H. D. van Goudoever when we hear the corresponding verses, to **be aware how our imaginative consciousness changes to a more inspired consciousness**. Bountifully, comparing corresponding verses is only one of the many ways of finding treasure within the Calendar of the Soul.

Through meditating the verses, the soul experiences new wisdoms coming forth each year.