

**ANTHROPOSOPHICAL
SOCIETY IN AMERICA,
LOS ANGELES BRANCH**

June, July, August 2017
CALENDAR OF EVENTS

**EURYTHMY AND MANDALA
DRAWINGS** with Truus Geræts
Saturday, June 10, 10 a.m. to noon

"Mandala" is a Sanskrit word meaning "circle". Mandalas are complex abstract designs which represent the universe. They generally have one identifiable center point, from which emanates an array of symbols, shapes and forms. Mandalas made from sand, unique to Tibetan Buddhism and dating back to the 4th century, were believed to effect purification and healing. This theme will be explored through eurythmy, using mandalas which Truus created. No eurythmy experience is required and one can participate in some or all four Saturdays.

Suggested donation: \$20

CLASS LESSONS - Blue card required.

Sunday, June 4

4 p.m. Review of Recapitulation Lessons 1 - 7 and Class Lessons 9 and 10 in group conversation. PLEASE NOTE TIME CHANGE

Saturday, August 19

2 p.m. at The Christian Community
Conversation on *The Calendar of the Soul*
Verses 20, 21, 22 and 23

**MEMBERS' AND FRIENDS'
MEETING**

Saturday, June 10, 2-3:30 p.m.

Can you imagine experiencing the highest hierarchy in the rising of the morning sun? In his patient and instructive way, Rudolf Steiner tells us how to begin this amazing journey in a lecture from *Mystery Knowledge and Mystery Centers*. It was given on November 23, 1923, just a month before the great Christmas Conference. There is a premonition of the Foundation Stone's "Spirit Remembering" as part of the inner development of soul forces through thought-experience, memory-experience and, surprisingly, gesture-experience.

Rusty Vail will teach us "To Wonder at Beauty", a verse by Rudolf Steiner set to music by Merwin Lewis.

**ST. JOHN'S CELEBRATION
For Members and Friends**

Saturday, June 24, 2-3:30 p.m.

In his lecture, *The St. John's Imagination*, Rudolf Steiner stated that "in summer, human beings are closely enmeshed in nature but, if they have the right feeling and perception for it, objective spirituality comes toward them from nature's interweaving life." We will frame our St. John's gathering with interweaving voices singing rounds, led by Joan Newton. Within that frame we will read a St. John's address that Karl König (founder of the Camphill Movement, medical doctor, author, and lecturer) gave the Camphill community in Aberdeenshire, Scotland, on July 7, 1965. His words convey an inspired deepening of the significance of St. John's tide in the present age. His address is included in *The Mystery of St. John and the Cycles of the Year* (pp. 89-98), published by Camphill Books (2000). Copies of the address will be available at the meeting.

SUMMER ARTS AFTERNOON "HEALING FORCES IN THE ARTS"

Sunday, July 9, 3-5 p.m.

We'll celebrate summer with an enlivening mix of music, poetry and art. Karen Grant and Max Kaplan will begin the fun with duets for piano and clarinet, and Joan Newton will follow with a demonstration of pottery making at her wheel, brought in for the afternoon. Joan will throw up to six pieces to your designs. Several additional artists will perform and display their creative work. Come be refreshed and renewed!

RUDOLF STEINER'S HEART LOGIK

Mark Riccio

Friday July 21, 8 p.m.

Saturday, July 22, 9:30 a.m.— 12 p.m.
and 2-4:30 p.m.

Using the spiritual truth of the fourfold human being as a model for organizing thoughts in the creative process leads to living thinking, which produces a living form, e.g., a lecture, essay, poem, play, book. In addition to affecting the head and logical mind, the inner structure of these forms based on living, wave-like thinking can affect the heart forces of the reader or listener, hence the term "Heart Logik."

This type of writing is not new. It can be discerned in the Book of Job, St. Matthew Gospel, the discourses of Plato, and Goethe's description of the archetypal plant, to give just a few examples. Rudolf Steiner consciously and deliberately used "heart logik" in his books and

lectures, architecture, Waldorf School lesson plans and curricula, as well as eurythmy forms.

The Philosophy of Freedom has been described as "the training manual for living form." Mark Riccio will help us explore the many living forms in this book. Many of us focus on content and ignore form. This workshop will show us that form is important because it carries the content into the heart. We will come away with a deepened appreciation not only of what Rudolf Steiner wrote, but also of how he wrote it.

MARK RICCIO grew up in New York City where he attended the Rudolf Steiner School, the first Waldorf School in North America. After college, he studied Anthroposophy with Frank Teichmann in Stuttgart, Germany. There he became a friend and devoted student of Florin Lowndes, author of *The Enlivening of the Chakra of the Heart*. He also studied for ten years with George O'Neil, the American who discovered Steiner's method of heart thinking. Mark's book, *The Logik of the Heart*, was published in 2016. Mark's website is www.organicthinking.org.

Suggested Donation:

\$20 for Friday only or \$45 for the weekend

AUGUST

We have no events in August. Time to go fishing.

CONTINUING ACTIVITIES

SPEAKING PEACE

Two Nonviolent Communication Workshops with Gail McManus
Sundays, June 18 and August 13
2 – 5 p.m.

In NVC workshops we learn that every interaction, every conversation, and every thought either promotes peace or perpetuates discord. As we practice NVC skills, we are able to heal pain, resolve conflicts, and spread peace on our planet. We develop an internal consciousness of our choices and intentions and we learn to express ourselves and listen empathically in diverse situations.

Suggested donation, \$25 per session

GAIL MCMANUS is a practicing Communications Counselor and Mediator. Contact Gail at gail@gailmcmanus.com or 518-653-2957. Gail's website is www.gailmcmanus.com.

RUDOLF STEINER BOOK CLUB

Tuesday nights, 7 to 8:45 p.m.

This is an ongoing study group which reads lecture cycles by Rudolf Steiner. All are welcome. No charge. For information contact Linda Connell 818-546-1440.

ALSO OF INTEREST: The Pasadena Waldorf School 12th grade play will be held in our building June 2 and 3. Contact Arthur Pittis for further information, ampittis1@gmail.com.

THEME FOR THE YEAR 2017-2018

Light and Warmth for the Human Soul,
How can the Foundation Stone Meditation promote peaceability – one hundred years after the birth of the social threefolding impulse?

As Rudolf Steiner has pointed out, when we work meditatively with the Foundation Stone verses, a "light of thought shines towards us" and enables us to draw new inspiration for our actions from the "spirit holding sway in the radiant light of thoughts around the dodecahedral stone of love." (lecture of Dec. 25, 1923, 10:00 a.m.)

In the years ahead we would like to use the three great exercises of "Spirit Recalling," "Spirit Awareness," and "Spirit Beholding" as the basis of our working together. Every year a new aspect will be emphasized within this overall theme. This year we will focus on Spirit Recalling.

The following lectures by Rudolf Steiner are particularly helpful in working with this theme: (1) In *The Christmas Conference for the Foundation of the General Anthroposophical Society 1923-1924* (CW 260), the lecture of Dec. 25, 1923, 10:00 a.m.; (2) in *Mystery Knowledge and Mystery Centres* (CW 232), the lecture of Nov. 23, 1923; (3) in *World History and the Mysteries in the Light of Anthroposophy* (CW 233), the lectures of Dec. 24 and 25, 1923; (4) in *Anthroposophy and the Inner Life: An Esoteric Introduction* (CW 234), the lecture of Feb. 10, 1924; (5) in *Karmic Relationships, Vol. 6* (CW 240), the lecture of Jan. 25, 1924; (6) in *Approaching the Mystery of Golgotha* (CW 152), the lecture of March 7, 1914.

THE RUDOLF STEINER LIBRARY

SHOWCASING BOOKS FOR YOU:

Featured each month are books related to our Branch events. Look for discounted books for sale in the entry. Library books for events are showcased in the Garden room.

DONATIONS: Your donated used books are always welcome.

VOLUNTEERS: We have ongoing projects, and also need help on Saturday afternoons. Please email Eloise at ekrivosheia@dslextreme.com or Judy at judyhaney@access4less.net.

WE ARE OPEN SATURDAYS 1 to 5 p.m.
and before and after Branch events.
Library phone: 626-795-7105.
Email: rslibrary@gmail.com.

FOR INFORMATION about study groups and about the activities of the Los Angeles Branch, please visit our website, www.anthroposophyla.org. For updates on study groups in Orange County, please email Eloise Krivosheia, ekrivosheia@dslextreme.com.

