

**ANTHROPOSOPHICAL
SOCIETY IN AMERICA,
LOS ANGELES BRANCH
March, April, May 2017
CALENDAR OF EVENTS**

***EURYTHMY AND MANDALA
DRAWINGS*** with Truus Geræts
March 11, April 8, May 13, June 10
Saturdays, 10 a.m. to noon

"Mandala" is a Sanskrit word meaning "circle". Mandalas are complex abstract designs which represent the universe. They generally have one identifiable center point, from which emanates an array of symbols, shapes and forms. Mandalas made from sand, unique to Tibetan Buddhism and dating back to the 4th century, were believed to effect purification and healing. This theme will be explored through eurythmy, using mandalas which Truus created. No eurythmy experience is required and one can participate in some or all four Saturdays.

Suggested donation: \$20 per session

CREATIVE SPEECH
with Judith Gerstein
(Please note change of date)
Saturday, March 18, 10 a.m. to noon

Creative Speech is for everyone who wants to speak more clearly and livingly. We will work with the speech exercises developed by Rudolf Steiner, leading us to an exploration of lyric, dramatic, and epic styles of the spoken word. Wear comfortable shoes!

Suggested donation: \$15

Judith Gerstein has a bachelor's degree in theatre and trained in Rudolf Steiner's creative speech in London, receiving her Goetheanum diploma in 1977.

CLASS LESSONS - Blue card required.

Sunday, March 5
3:30 p.m. Conversation on *A Way of Serving*
5 p.m. Recapitulation Lesson 7

Sunday, March 26 with Virginia Sease
3:00 p.m.

Sunday, April 2
3:45 p.m. Conversation on Recap Lesson 7
5 p.m. Lesson 8

Sunday, May 7
3:45 p.m. Conversation on Lesson 8
5 p.m. Lesson 9

ANNUAL GENERAL MEETING

Sunday, March 19, 2-4 p.m.

We meet once a year to welcome new members, remember those who work now from across the threshold, review Branch and Foundation finances, hear reports from our librarians, review highlights of 2016, have elections, and very importantly – meet and greet each other over special refreshments. Please join us as we launch our next year of Branch events and activities.

***THE DEVELOPMENT OF
CONSCIOUSNESS TODAY***

with Virginia Sease
Saturday, March 25, 3–8:30 p.m.

3-4:15 p.m.: *The Spiritual Significance of
Silence on the Inner Path*

4:45-5:45 p.m.: *The Rosicrucian Stream
and the Development of Consciousness
Today*

Supper break

7:30 p.m. Concert.

Eurythmy performed by Johanna
Mueller with pianist Karen Grant

String trio performing works of
Beethoven and Dohnányi

CLASS MEMBERS - Class meeting
Sunday, March 26, 3 p.m. with Virginia
Sease. Blue cards required.

Virginia Sease will be speaking to
members in Santa Cruz, CA March 31 to

April 1. For more information see
www.anthroposophisantacruz.com

VIRGINIA SEASE has lived in Dornach, Switzerland for many years as a member of the 'Vorstand', the executive council of the Anthroposophical Society, worldwide, although she is now *emerita*. We consider her 'one of ours' though, as she taught music at Highland Hall and earned her doctorate in German in Los Angeles before moving to Dornach; and she is a member of our Branch. Her deep insights into the work of Rudolf Steiner, and her ability to convey them, bring rich and rewarding experiences with every visit.

Suggested donation \$20 per lecture
or \$50 for both lectures and concert

WANDERING REEL TRAVELING FILM FESTIVAL

Matthew Temple and Michael
Harrington, co-founders

Friday, March 31, 8 p.m. Films

Saturday, April 1, 3 p.m. Films

7 p.m., Reception

8 p.m. Films and Awards

Q & A to follow each program.

WANDERING REEL is a traveling festival of short films with a focus on bringing films to communities with limited or no access to compassionate, thought-provoking cinema. The festival engages its audiences in conversation about the themes of the films, the role of cinema, and how films can relate to conscious living and contribute to making the world a stronger and more unified place.

For more information and a full list of films, please visit wanderingreel.org.

Suggested donation \$10 per program
or \$25 for the whole weekend

EASTER FESTIVAL

Saturday, April 15, 2-3:30 p.m.

The wooden sculpture which Rudolf Steiner and Edith Maryon carved for the first Goetheanum will be our focus of study for Easter. Marie Steiner had this

to say in her foreword to the lectures on *Earthly and Cosmic Man*: "There is a moving description of the Representative of Humanity, of the Christ Figure, at the end of one of the lectures of 1912, when there was no thought—even of the possibility—of its execution in sculpture. It came before us then in words, and now it stands before our eyes as a work of Art." The final pages of lecture 6 (May 14, 1912) bring this description, "The sculpture of the Representative of Humanity shows how we need to stand in relation to the adversary forces today."

BEAT THE DEVIL:

FAUST, THE WHOLE STORY

Presented by actor and storyteller
Glen Williamson, based on the drama
by Johann Wolfgang von Goethe
Saturday, April 29, 7:30 p.m.

In Glen's words, "By retelling the essential plot (condensed from over 24 hours of playing time) in a free rendering in English, I hope to bring a fresh life—a kind of artistic road map, if you will—to Goethe's great poetic drama. I have tried to include all the main action and, in one instance, I have even added the events of a scene that Goethe envisioned, but never wrote."

The performance will last about 90 minutes, including a 10-minute intermission.

Suggested donation \$25

GLEN WILLIAMSON has visited our Branch before, in performances of *The Incarnation of the Logos* and Goethe's *Tale of the Green Snake and the Beautiful Lily*.

MEMBERS' MEETING

Sunday, May 14, 2 – 3:30 p.m.

Following upon the April 29 performance of "Beat the Devil—*Faust, The Whole Story*," we will take up a lecture by Rudolf Steiner, "Faust and the Problem of Evil," given in Dornach on November 3, 1917.

This was one of the lectures suggested by the Goetheanum Leadership in addressing the just-completed year's theme of *World Transformation and Self-Knowledge in the Face of Evil*. The lecture is available in *Goethe's Faust in the Light of Anthroposophy*, Steiner Books CW273 (pp. 84–96), and online at rsarchive.org. Copies will be available at the meeting.

CREATING HEALING RITUAL

With Dennis Klocek

Friday, May 19, 8 p.m.

Saturday, May 20, 9-10:30 a.m.; 11 a.m.-12:30 p.m.; 2-3:30 p.m.

The creation of personal healing rituals satisfies a human need to feel connected to dimensions larger than oneself. Four stages of ritual will be explored in this workshop.

The first stage is the creation of words or mantras that provide meaning and focus. The second stage is the creation of significant rhythmic soul movements or repetitions that can be either outer gestures or inner sequences that help to stabilize and purify the mind. The third stage is the forming of symbolic images that direct the mind to specific spiritual archetypes. The fourth stage is the review of intent where the soul of the participant and the archetype are united in mutual understanding. This is achieved through prayer, blessing, and anointing with substances. Taken together, the four stages of personal healing ritual allow human beings to address the spiritual world safely and with deep feelings of certainty in uncertain times.

Suggested donation \$20 per lecture,
\$60 for the whole workshop

DENNIS KLOCEK is an artist, scientist, teacher, researcher, gardener, and alchemist.

CONTINUING ACTIVITIES

SPEAKING PEACE

Three Nonviolent Communication Workshops with Gail McManus

Saturday ~~March 4, 9:30 a.m.-12:30 p.m.~~

Sunday, April 9, 2:00-5:00 p.m.

Saturday, May 6, 9:30 a.m. -12:30 p.m.

March 12,
2-5pm

Nonviolent Communication enhances the ability to hear and compassionately understand experiences and direction others take in their lives which may be very different from our own. We learn ways to express ourselves effectively in diverse situations. Practicing skills for empathic listening and honest dialogue supports us in our efforts to bring peace to the world. Creative strategies emerge for harmonious and fruitful interaction in personal and community situations.

Suggested donation, \$25 per session

GAIL MCMANUS is a practicing Communications Counselor and Mediator. Contact Gail at gail@gailmcmamus.com or 518-653-2957. Gail's website is www.gailmcmamus.com.

RUDOLF STEINER BOOK CLUB

Tuesday Nights, 7 to 8:45 p.m.

This is an ongoing study group which reads lecture cycles by Rudolf Steiner. All are welcome. No charge. Contact Linda Connell 818-546-1440.

ALSO OF INTEREST: The Pasadena Waldorf School 12th grade play will be held in our building June 2 and 3. Contact Arthur Pittis for further information, ampittis1@gmail.com.

THE RUDOLF STEINER LIBRARY

Showcasing Books for You

Featured each month are books related to our Branch events. Look for discounted books for sale in the Entry. Library books for events are showcased in the Garden Room.

Donations: Used books are a very valuable resource for the Library. Your duplicates are welcome.

Volunteers: The library is in need of volunteers to help us serve members, friends and passers-by, who now more frequently are dropping in to "learn."

We are open Saturday afternoons 1 to 5, and before and after Branch events.

Library Phone: 626-795-7105

Email: rslibraryla@gmail.com

FOR INFORMATION about study groups and about the activities of the Los Angeles Branch, please visit our website, www.anthroposophyla.org.

For updates on study groups in Orange County, please email Eloise Krivosheia, ekrivosheia@dslextreme.com.

